FOR SCHOOL COUNCILS AND PARENT GROUPS

Run a Screen-Free-a-thon at your school.

Like a read-a-thon, but for time away from screens. For two weeks, families set a daily screen-time goal, and relatives sponsor each day their child stays under it. Your school raises money, and families get an easier after-school conversation about phones.



How it works

01

The council picks two weeks.

Email Mark with your dates. He sends back the handout with your school's name on it.

02

Families set up BuckTime!

Parents install it on their phone and their child's phone or tablet, choose the apps that count and set a daily screen-time goal. They invite up to five sponsors, who don't need to install anything.

03

Kids unplug.

Every day under the goal counts. When the two weeks end, sponsors get a short statement and pay the family, and families send the total to the school.

Free for every family taking part. The school never pays anything.

Scan for details: **bucktime.ca/schools**
Questions? Email **mark@bucktime.ca**